

## Camp Spencer Health History Form

|   |                              |              |
|---|------------------------------|--------------|
| Name (Last, First) _____  | Age _____                    | Sex _____    |
| Address _____   | City _____                   | Zip _____    |
| Guardian/Parent _____   | Home # _____                 | Cell # _____ |
| Emergency Contact _____<br>(other than Guardian/Parent named above) | Relationship to Camper _____ | Home # _____ |
|   |                              | Cell # _____ |

**Chronic or Recurring Conditions/Illness**  
Please check all that apply

- Ear Infections
- Heart Defect/Disease
- Seizures
- Asthma
- Bleeding/Clotting Disorders
- Hypertension
- Diabetes
- Musculoskeletal Disorder
- Other (please explain) \_\_\_\_\_  
\_\_\_\_\_

Are there any other conditions the Camp Spencer staff should be aware of? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are there any restrictions concerning physical activities?  
\_\_\_\_\_  
\_\_\_\_\_

**Allergies**  
Please check all that apply

- Animals \_\_\_\_\_
- Food \_\_\_\_\_
- Hay Fever \_\_\_\_\_
- Insect Stings \_\_\_\_\_
- Plants \_\_\_\_\_
- Pollen \_\_\_\_\_
- Medicine/Drugs \_\_\_\_\_
- Other \_\_\_\_\_

**Insurance Information**  
Insurance Company \_\_\_\_\_  
Policy # \_\_\_\_\_  
Name of Policy Holder \_\_\_\_\_  
Personal Physician's Name \_\_\_\_\_  
Physician's Phone # \_\_\_\_\_

**Medications**

- This camper will not take medications while at camp (9:00am – 2:00pm). **Do not fill out medication chart below.**
- This camper will take the following medications while attending camp (9:00am – 2:00pm): **Fill out chart below.**

| Name of Medication | Reason for Taking It | When It is Given   | Amount/Dose Given | How It Is Given |
|--------------------|----------------------|--|-------------------|-----------------|
|                    |                      | <input type="checkbox"/> Lunch<br><input type="checkbox"/> Other time: _____ |                   |                 |
|                    |                      | <input type="checkbox"/> Lunch<br><input type="checkbox"/> Other time: _____ |                   |                 |
|                    |                      | <input type="checkbox"/> Lunch<br><input type="checkbox"/> Other time: _____ |                   |                 |
|                    |                      | <input type="checkbox"/> Lunch<br><input type="checkbox"/> Other time: _____ |                   |                 |

This health history is complete and accurate. I know of no reason(s), other than the information included on this form, why the camper should not participate in prescribed activities except as noted.

\_\_\_\_\_  
Signature of Camper or Legal Guardian

\_\_\_\_\_  
Date